

LUNCH

This institution is an equal opportunity provider.

Ala Carte Items:
Sandwich \$3.50
Milk \$0.60

APRIL 2024

Pinnacles Prep

Prices:
Scholar Lunch \$3.75
Adult Lunch \$5.00



Monday Tuesday Wednesday Thursday Friday

No School 1 No School 2 No School 3 No School 4 No School 5

SPRING BREAK!

Choose Your Super Salad (Chef or Cobb Salad)
or
Peanut Butter Jelly Sandwich

Salad Bar Day
Beef or Chicken Crunchy Tacos (2)
or
Variety Box

Teriyaki Chicken with Lo Mein Noodles
or
Peanut Butter Jelly Sandwich

Salad Bar Day
Chicken Nuggets w/side Macaroni and Cheese
or
Variety Box

Turkey and Cheese Hoagie
or
Sunbutter and Jelly Sandwich

Chicken or Beef Nachos
or
Peanut Butter Jelly Sandwich

Salad Bar Day
Beef or Chicken Deluxe Burger
or
Variety Box

Pizza Slice
or
Peanut Butter Jelly Sandwich

Salad Bar Day
Orange Chili Spiced Pulled Pork Sandwich
or
Variety Box

Super Pretzel w/Cheese or Hummus Cup
or
Sunbutter and Jelly Sandwich

Chili Dog or Hot Dog
or
Peanut Butter Jelly Sandwich

Salad Bar Day
Pizza Slice
or
Variety Box

Breakfast 4 Lunch
Breakfast Sandwich or Breakfast Burrito
or
Peanut Butter Jelly Sandwich

Salad Bar Day
Crispy Chicken Drumstick w/ scratch Mashed Potatoes
or
Variety Box

Pigeon or Dragon
Pigeon=Plain Dragon=Spicy
Chicken Caesar Wrap
or
Sunbutter and Jelly Sandwich

Apple Blossom Meal
TBD
Scholar Most Popular Choice:
Hoagie Sandwich, Super Pretzel,
Variety Box, Uncrustable

Salad Bar Day
Lasagna Roll-Up w/Garlic Toast
or
Variety Box

A **variety box** or **sandwich** will be offered as an alternate entree on select days.
Salad Bar is available on **Tues.** and **Thurs.**
Variety Box: includes varied items such as hard-boiled egg, hummus cup, or cheese, and a variety of chips, pretzels, crackers, or breadstick **offered with daily fruit and vegetable.**

MAKE YOUR OWN MEAL

1 FRUIT

2 VEGETABLE

3 PROTEIN

4 MILK

5 BREAD

CHOOSE AT LEAST 3

- ONE MUST BE A FRUIT OR VEGETABLE
- AT LEAST TWO OTHER FULL COMPONENTS

CHOOSE ALL 5 FOR BEST NUTRITION

Health-e-Pro

Menu subject to change. All meals come with choice from two entrees (one will always be a vegetarian option), choice of 1% white or non-fat chocolate milk, and choice of a variety of fruits and vegetables offered daily.